

MOTHER NATURE'S MARKET & *Deli*

June 2024

FLYER

NOW OFFERING SENIOR'S DISCOUNT ALL DAY LONG!

Order until 6pm – Get it the same Day!

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@MotherNaturesMarketandDeli

<p>LOCAL</p>  <p>Longview FARM S</p> <p>ORGANIC KALE</p> <p>\$3.50/EA</p>	<p>ANITA'S ORGANIC UNBLEACHED WHITE FLOUR</p>  <p>\$6.97/1KG</p> <p>THIS SMOOTH AND VERSATILE WHITE FLOUR HAS A LIGHT TEXTURE AND HIGH GLUTEN STRENGTH</p>	<p>CHASERS COLD PRESSED JUICE</p>  <p>USING 100% FRUITS AND VEGETABLES TO MAKE THE TASTIEST, HEALTHIEST AND FRESHEST COLD PRESSED JUICES!</p> <p>\$7.24 /500ML</p>
 <p>BOB'S RED MILL GRANOLA</p> <ul style="list-style-type: none">✓ NON-GMO✓ WHOLE GRAIN✓ GLUTEN FREE <p>\$6.97/312G</p>	<p>TREE ISLAND GOURMET YOGURT</p> <p>MADE WITH 100% FRESH WHOLE BC MILK</p>  <p>\$5.09/325G</p>	
 <p>FIELD ROAST SAUSAGES</p> <p>CERTIFIED VEGAN AND NON-GMO</p> <p>\$7.97/368G</p>	<p>GUAYAKI YERBA MATE DRINK</p> <p>VIBRANT SPARKLING DRINKS FLAVORED WITH REAL FRUIT JUICE</p>  <p>\$2.77/473ML</p>	

STAY HEALTHY – MOTHER NATURE'S MARKET

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Sales

<p>THE BETTER BUTCHERS PLANT BASED GROUND</p>  <p>HIGH IN PLANT BASED PROTEIN & FIBRE</p> <p>\$7.27/300G</p>	<p>DON BERNARDO MANCHEGO</p>  <p>ORIGEN: SPAIN AGED 9 MONTHS</p> <p>\$5.49/100G</p>	<p>GT's KOMBUCHA</p>  <p>ORGANIC & UNPASTEURIZED</p> <p>FULL OF PROBIOTICS</p> <p>\$4.77/480ML</p>
<p>FLORA</p>  <p>20% OFF LINE DRIVE</p>	<p>HORNBY O SNACK BAR</p> <p>✓ ORGANIC ✓ GLUTEN FREE ✓ DAIRY FREE</p>  <p>\$1.77/45G</p>	<p>BIOITALIA TOMATO PUREE</p> <p>MADE WITH 100% ORGANIC TOMATOES, WITHOUT THE ADDITION OF SUGARS OR ARTIFICIAL INGREDIENTS</p>  <p>\$5.27/700ML</p>
<p>REBEL FOODS COOKIES</p>  <p>✓ VEGAN ✓ GLUTEN FREE ✓ SOFT & CHEWY</p> <p>\$7.99/300G</p>	<p>ORGANIC BULK</p> <p>QUINOA \$0.99/100G</p> <p>SUSHI RICE \$1.54/100G</p> <p>PUMPKIN SEEDS \$1.54/100G</p> <p>RAINBOW DROPS \$3.99/100G</p>	<p>BLUE DIAMOND ALMOND BREEZE</p>  <p>✓ NON GMO ✓ CARRAGEENAN FREE ✓ GLUTEN FREE</p> <p>\$5.27/1.89L</p>
<p>NUMI TEA</p>  <p>PREMIUM ORGANIC TEA NO CAFFEINE OPTIONS</p> <p>\$6.77/18PK</p>	<p>ZEVIA ZERO SUGAR SODA</p>  <p>\$7.14/6PK</p>	<p>CABOO PAPER TOWELS</p> <p>MADE WITH SUSTAINABLE BAMBOO</p>  <p>\$5.37/2PK</p>

While supplies last. No rain checks. Restrictions may apply